

Tomato and Basil Finger Sandwiches

Recipe created by Della Femina Rothschild Jeary & Partners

A smear of reduced-fat mayonnaise and a little fresh basil allow perfectly ripe tomatoes to shine.

Cooking Information

Serves: 4
Total Time: 10 min
Prep Time: 5 min
Cook Time: 5 min

Ingredients

Magnesium per ingredient*

* 4 slice(s) whole-wheat bread	24 mg/Slice
* 8 teaspoon(s) reduced-fat mayonnaise, divided	-----
* 4 tomato slices	2 mg/slice
* 4 teaspoon(s) sliced fresh basil	-----
* 1/4 teaspoon(s) salt	0 mg
* 1/8 teaspoon(s) freshly ground pepper	1 mg

Directions

Cut bread into rounds slightly larger than your tomato; biscuit cutter works well. Spread each slice with 2 teaspoons mayonnaise. Top with tomatoes, basil, salt and pepper.

One serving of this recipe contains approximately 25 mg of magnesium* based on the [Magnesium Calculator](#) within this site. Visit our [Magnesium Calculator](#) to find out how much magnesium is in your favorite recipes.

***This is only an approximation of magnesium intake.**